

THE lifestyle

NEWSLETTER

ONE CONTACT FOR ENDLESS POSSIBILITIES

Summer Safe Ingredients

It can be really difficult to navigate ingredients lists and understand exactly what we're putting on our skin!

Take a close look at your makeup product labels and you will notice that some are non-comedogenic. That's a fancy word for a product formulated without pore-clogging ingredients. Especially over the summer, it's recommended that we wear makeup that is not going to occlude our skin. That might include options like a powder sunscreen, an oil-free primer — we love CeraVe's daily moisturiser.

Something equally important is Vitamin C, a hero ingredient in every sense. This magical ingredient is vital in fighting hyperpigmentation, improves the appearance of fine lines, and can help with collagen production. Layer a few drops on your skin between cleansing and moisturiser.



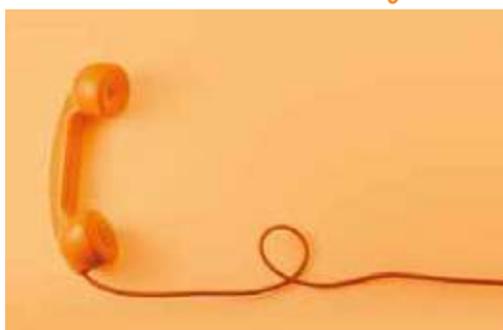
Getting into the SPIRIT!

Summer calls for cocktails, and we were delighted to find a cocktail called the Lifestyle and had to share it with you!

How to Make the Lifestyle:

- Fill a glass to the top with crushed ice
- Place 3 bar spoons of cherry jam into a shaker
- Pour in 40 ml of orange juice, 40 ml of pineapple juice, 10 ml of advocaat liqueur, 10 ml of sambuca and 40 ml of gold rum
- Fill the shaker with ice cubes and shake
- Strain into glass
- Garnish with a rose petal/decoration of your choice

note from the kml team



Production schedules in the FE are extremely busy. Make sure you get your orders in to avoid any disappointment!



We are looking forward to in-house visits with no restrictions.

why not give us a follow...



keepmelifestyle



Keepme Lifestyle