

THE
lifestyle
NEWSLETTER

ONE CONTACT FOR ENDLESS POSSIBILITIES

it's great to be back!

Happy New Year from Keep Me Lifestyle! After a challenging year we can only hope that 2021 will bring us some peace and certainty.

There have been huge changes for all businesses across the globe we can begin to feel the pressure to abide by so many new regulations, over the past year we have all found more ways to unwind at home to lighten the load, there is no reason these self-care luxuries can't be carried into this year!

Settle down with your companions over these cold few months and prioritise wellness at home, light a few candles, freshen up a room with a diffuser and some room spray. Or if you're feeling up to a real challenge this new year, give Veganuary a go! There are such a wide array of vegan products available to try now!

Failing that... scheduling in time for your own wellness is important, take a stroll, read a book or hop on a bike every so often to clear your head.



prioritise your
WELLNESS



This year, don't look for beauty products that make you look good, choose items that can *also* make you feel good. After the past year people are focusing more on mental health, fitness and skincare and so we believe purchases will be centred around how they make us feel whilst we're using them!

Hopefully by 2021 we will be seeing the back of the pandemic, but it's likely we'll still be wanting to communicate to those around us that we are in a good bill of health. We believe cosmetic product sales will increase, as people will be looking for brands that brighten our skin's complexion and boost radiance. 2021 is the year to make sure you love the skin your in!

note from the kml team



Congratulations to Jodie on the birth of her beautiful baby boy! We hope you enjoy every second of being a Mum!



Don't forget Chinese New Year of 2021 falls on February 12th (Friday), and the festival will last until February 26th, 15 days in total.

why not give us a follow...



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